

AGE STANDARDIZATION IN MAPPING ADULT OVERWEIGHT AND OBESITY TRENDS IN THE WHO EUROPEAN REGION

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This talk will be based on a publication showing obesity trends in Europe, from 1985 until 2010 (Doak et al, 2012). The analysis is focused on adults 25-64 years of age and takes into account differences related to the aging of the population between 1985 and 2010 in the WHO European Region. These results confirmed that the older age group has a higher prevalence of overweight and obesity. This pattern occurs in every country, by male and female, in almost all surveys. Age-standardized overweight prevalence was higher among males than females in all countries. Trend data showed increases in most countries. Age-standardized maps were based on self-reported data because of insufficient availability of measured data. Results showed more countries with available data as well as the higher category of obesity in the later surveys. No clear regional patterns emerge in the maps.



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